

EXISTENTIAL COUNSELORS SOCIETY • INPATIENT REHABILITATION • JOLIET, IL • (708) 223-2698 • INTAKE@ECSRECOVERY.ORG

ADMISSION

The Admission

We've made the path to care as simple as possible, from your first call through your first day of treatment.

STEP BY STEP

1 Medical Detoxification

Prior to admission, all clients must complete a medically supervised detoxification. This ensures each individual is medically and psychologically stable and safe to engage in a structured residential treatment program. Your safety is our number one priority.

2 Hospital Referral

ECS accepts referrals directly from hospitals and licensed medical facilities. The referring facility initiates contact with our intake team on behalf of the client, providing relevant clinical documentation to support the admissions review. Referrals can be sent directly through our secure link on our website.

3 Clinical Assessment & Screening

Our admissions coordinators conduct a comprehensive assessment to determine whether our program is the right fit. Our team works carefully to match each person with the level of care that will give them the best possible outcome.

4 Insurance Verification

Upon clinical approval, our team verifies the client's insurance benefits and outlines any financial responsibilities. If you do not have health insurance or are experiencing financial hardship, we will make all efforts to work out a manageable payment plan option.

5 Admission

Once these steps are complete, the client is formally enrolled at ECS. Upon arrival, they meet their treatment team, complete admissions paperwork, and receive a full orientation to the center and program.

6 Treatment Begins

A personalized treatment plan is implemented within 24 hours of admission, with individual therapy, group sessions, and care starting right away.

INSURANCE & PAYMENT

ECS is in-network with most *major insurances* — including all Illinois Managed Medicaid plans

IN-NETWORK

- ✓ Blue Cross/Blue Shield PPO
- ✓ Blue Cross Blue Shield Community Plan
- ✓ Meridian
- ✓ County Care
- ✓ Aetna Better Health
- ✓ MultiPlan/PHCS
- ✓ Molina
- ✓ ComPsych
- ✓ Magellan

ABLE TO WORK WITH OUT-OF-NETWORK BENEFITS

- ✓ Cigna PPO
- ✓ Aetna PPO
- ✓ Humana PPO
- ✓ United Health Care

Service fees vary based on services provided, insurance benefits, and ability to pay.

Our philosophy is to provide all individuals challenged by addictions a therapeutic community that is affordable no matter the circumstances. ECS promises to ensure a dignified recovery process for all of our clients that begins with the first point of contact. Consideration is given to the unique needs of each client and their financial situation. Any information discussed is strictly confidential.

If you do not have health insurance or are experiencing financial hardship, we will make all efforts to work out a manageable payment plan option.

WHAT TO BRING / WHAT NOT TO BRING

What to *Bring*

REQUIRED ITEMS

- ✓ 28-day supply of all prescribed medications in hand, or a prescription faxed to our partnered pharmacy prior to arrival
- ✓ Medications must be in original prescription bottles
- ✓ 28-day supply of unopened personal hygiene items (must not contain alcohol)

PERSONAL HYGIENE ITEMS

- ◆ Toothbrush
- ◆ Toothpaste
- ◆ Shampoo
- ◆ Soap / Body wash
- ◆ Deodorant
- ◆ Shaving supplies

CLOTHING & PERSONAL ITEMS

- ◆ 7 days of comfortable clothing
- ◆ Comfortable shoes
- ◆ Undergarments and socks
- ◆ Sleepwear
- ◆ Weather-appropriate outerwear (jacket, hoodie, etc.)

OPTIONAL (IF APPLICABLE)

- ◆ Special dietary needs will be accommodated
- ◆ Smoking permitted

What *Not* to Bring

RESTRICTED ITEMS

- ✗ Private vehicles
- ✗ Mobile phones (will be safely stored upon arrival)
- ✗ Electronic smoking devices / vapes
- ✗ Aerosol sprays
- ✗ Alcohol or drugs
- ✗ Weapons of any kind
- ✗ Expensive jewelry or valuables
- ✗ Large amounts of cash
- ✗ Outside food or drinks

CENTER INFORMATION

- ◆ Chef-prepared fresh meals served daily
- ◆ Evening snacks provided
- ◆ No outside food is needed or permitted — all nutritional needs are fully met
- ◆ Special diets are available as needed
- ◆ On-site laundry facilities are available on designated days
- ◆ A phone is available for resident use during designated times
- ◆ Smoking is only allowed outside in designated areas and at designated times



ON-SITE WORKOUT SPACES

Dedicated fitness and workout areas are available on-site to support physical health and well-being throughout your recovery.



To best serve each client, ECS requires all admissions to be initiated by a licensed clinical professional or medical facility.

For Clinical Professionals

If you are a social worker, case manager, hospital discharge planner, or licensed counselor with a client who meets our criteria, use the secure referral form below to initiate the process. Our intake team reviews all referrals and responds within 24–48 hours.

CLINICAL INTAKE LINE

(708) 223-2698

Main 24/7 Contact

(708) 949-2408

Intake Director & Coordinators

(708) 250-0520

After Hours & Weekends

FAX: (708) 487-0451

✉ intake@ecsrecovery.org

✉ ecscounselors@ecsrecovery.org



IMPORTANT – MUST-KNOW INFORMATION



MUST KNOW

For the safety and focus of our residents, all admissions are by referral only and visitation is not offered during treatment.

**MUST KNOW**

To ensure every client arrives safely, all transportation must be door-to-door from a licensed medical facility. Personal drop-offs, rideshares, and self-transport are not available at admission.

**MUST KNOW**

Your safety is our top priority. All clients must successfully complete a full medical detox and be deemed medically and psychologically stable by a licensed physician before enrolling in our program.

**MUST KNOW**

Medication-Assisted Treatment (MAT) and Medication-Assisted Recovery (MAR) are not currently offered within our program. Exception: clients on monthly injectable medications administered prior to admission may be considered on a case-by-case basis.